



WILDCAT WEEKLY



We A.R.E Sonora High
Accountable - Respectful - Engaged

April 28th, 2024

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

Occupational Olympics 2024

On Tuesday, 20 of our CTE Photography, CCAP EMS/Fire and CCAP Welding students were selected to participate in the Occupational Olympics at Columbia College. They competed against four other regional high schools in hands-on skill based competitions judged by industry professionals. In the category of digital photography, SHS students took the top five awards: Olivia Nickols, 5th; Haylie Ravelli, 4th; Kairi Insilan, 3rd; Anume Vang, 2nd; Isaac Corral, 1st. In the welding competition, Ben Hawkins placed 3rd and Griffen Nau took 2nd place. Our EMS/FIRE students competed as a team and excelled over the competition.

Congratulations to all of our participating students, we are very proud of you!



Excellence In Teaching



Mr. Peter Smith was recognized as this year's Sonora High Excellence in teaching award winner! Please see this link for the recognition: [Mr. Smith Video](#)

Student Spotlight

This week the Math department would like to recognize Gurshaanjeet (Shaan) Kaur as the student spotlight. Shaan always comes to class with a positive attitude.

Shaan demonstrates a thirst for knowledge by asking good questions and always doing her best. Shaan also is kind to all the people she is surrounded by.



All students recognized in the student spotlight receive a free meal from Sierra Energy/Squeeze Burger.

On Wednesday, SHS Celebrated Administrative Professionals Day. Thank you to our admin professionals for all they do. Haley Freemyer, Denise Savage, Haily Redman, Mica VanNoord, Cherie Alberto, Serenity Waldie.



Join the conversation...

We'd like to thank all of you for participating in our recent efforts to learn how the district can best serve our community.

We'd like to share what we have learned and invite you to Join the Conversation. Please click this link:

[Join the Conversation](#)

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

All Students

May is Mental Health Awareness Month!



Credit Recovery Opportunity... Summer School - June 10th to July 3rd, 8:05 am-1:00 pm

Return your summer school application to the Wellness Center. Click on the link or pick one up in the Wellness Center if you need an application. [Summer School Form 2024](#)

Wellness Center Flex Activities: register through Enriching Students

- May 3rd: Bingo Mental Health Style
- May 6th: Gratefulness Journaling

Seniors

If you are planning to attend Columbia College in the fall, sign up to attend Go Columbia Day May 15th! Sign up and get a permission slip in the CAT Center. Space is first come first serve.

- The day will include a FREE lunch and other giveaways!
- The campus has many hills, stairs and a variety of walking paths, so students should wear comfortable shoes!

FAFSA/CADAA Deadline Extended- As you may have already heard, the state legislature voted to extend the Cal Grant deadline this year to May 2nd! In light of the recent announcement, Columbia College has extended their Zoom workshops into April and changed the day of those workshops each week to Wednesdays, from 5-7 pm. [CC Zoom FAFSA/CADA Zoom info](#) If you need help completing the FAFSA, contact [Columbia College financial aid office](#) or your counselor for guidance.

Please remember that the completion of the FAFSA/CADAA, or a waiver, is required for high school graduation. A waiver can be picked up in the CAT center.

Sonora High School Visual Arts Department invites you to

PERSPECTIVES

an exhibit of drawings and paintings by Sonora High School art students

SUNDAY, MAY 5, 2024
1:00 PM TO 4:00 PM

St. James (Red Church) Parish Hall
42 Snell Street
Sonora, California 95370

(209) 532-5511 x5256

artwork by Jason Sundborg, Felix Gillespie, ReeAnnun Ross

SHS SPORTS PHYSICAL NIGHT

We are pleased to announce the return of the sports physical night. Please save the date Tuesday 5/21/24, 4:30-8:00 Please see this link for more information:

[High School Physical Night 2024](#)

What Is Going On...

Click here to see this week's events [The Week Ahead](#)

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