



WILDCAT WEEKLY



We A.R.E Sonora High
Accountable - Respectful - Engaged

April 21st, 2024

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

Student Spotlight

This week in a special edition of the student spotlight, we are highlighting the entire cast of the musical "Mean Girls". The entire cast put a tremendous amount of time and energy into putting on a great performance. The performance ran 4 shows last week and did a fabulous job. Congratulations to all the students involved: Ben Hickie, Lore Sullivan, Arilyn Walker, Riley Spenny, Baylie Landry Cramer, Kaylee DeAnda, Sophia Speer, Nevaeh Haire, Erin Maldonado, Olivia Moore, Taylor DeAnda, Lucas Davis, Amelia Frantz, Reaona Webbon, Alice Elizondo, Colten Anderson, Ashton Martinez, Kendra Matyshock, Vee Herring-Johnson, Aleaya Ocanas, Cloee Parham, Anissa Bustos, Lucas Howard, Faith Clusin, Daniel Miller, Sierra Drake, Alaina Gutierrez, Melina Biehl, Witcharat Sriuk, Nevaeh O'Dea.



SHS **SPORTS PHYSICAL NIGHT**

We are pleased to announce the return of the sports physical night. Please save the date Tuesday 5/21/24, 4:30-8:00 Please see this link for more information:
[High School Physical Night 2024](#)

Join the conversation...

We'd like to thank all of you for participating in our recent efforts to learn how the district can best serve our community. We'd like to share what we have learned and invite you to Join the Conversation. Please click this link:
[Join the Conversation](#)

2024 MOTHERLODE YOUTH SUMMIT

MAY THE FOURTH FIGHT THE TOBACCO EMPIRE

PLEASE SEE THIS LINK FOR A FLYER WITH MORE INFORMATION:
[YOUTH SUMMIT 2024](#)

What Is Going On...

Click here to see this week's events
[The Week Ahead](#)

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

All Students
April's theme for the Wellness Center is WELLNESS - One of the 8 dimensions of wellness focuses on intellectual wellness. This is the idea of recognizing your creative abilities and finding ways to expand your knowledge and skills. There are required courses you have to take in school and beyond, but there are other ways to explore a variety of different topics and interests. Choosing an interesting elective and getting involved with student activities are two ways to build intellectual wellness and confidence. See link for more information on maintaining overall wellness. [Dimensions of Wellness](#)

Credit Recovery Opportunity... Summer School - June 3rd to July 10th, 8:05 am-1:00 pm Return your summer school application to the Wellness Center. Click on the link or pick one up in the Wellness Center if you need an application. [Summer School Form 2024](#)

Wellness Center Flex Activities: register through Enriching Students

- April 26th- Judge Boyak

Seniors
If you are planning to attend Columbia College in the fall, sign up to attend Go Columbia Day May 15th! Sign up and get a permission slip in the CAT Center. Space is first come first serve.

- The day will include a FREE lunch and other giveaways!
- The campus has many hills, stairs and a variety of walking paths, so students should wear comfortable shoes!

FAFSA/CADAA Deadline Extended- As you may have already heard, the state legislature voted to extend the Cal Grant deadline this year to May 2nd! In light of the recent announcement, Columbia College has extended their Zoom workshops into April and changed the day of those workshops each week to Wednesdays, from 5-7 pm. [CC Zoom FAFSA/CADAA Zoom info](#) If you need help completing the FAFSA, contact [Columbia College financial aid office](#) or your counselor for guidance.