



# WILDCAT WEEKLY



We A.R.E Sonora High  
Accountable - Respectful - Engaged

January 7th, 2024

Items on this page are hyperlinked.  
Hyperlinked items appear in blue,  
**BOLD**, and underlined

## A New Year... A Fresh Start

The ringing in of a new year, also bring the start of a new semester at Sonora High School. It is a great opportunity for students to start fresh. No matter where first semester grades, attendance, participation or citizenship ended last semester, the new semester is a time to begin with a clean slate. We want to encourage all of our students to begin 2024 intentionally, with a clear and focused goal of getting to the end of the second semester successfully. Our staff is here to assist you and your student any time during this upcoming semester, please feel free to reach out and explore the ways that we can help your student achieve their best. Grades from the first semester will be mailed home on Friday, 1/12/23. Look for them in the mail early next week.

**WINTERFEST Dress Up Days**

<b>MON</b> Cozy	<b>WED</b> Hawaiian	<b>FRI</b> School Spirit
<b>TUES</b> Pastels	<b>THURS</b> Flannel	

## Senior Financial Aid Night

WEDNESDAY  
1/10/24 4:00-7:00  
SHS LIBRARY

More information below in the Counselors Corner

## Sonora High School Winterfest

This Friday, January 12th 2024, the Winterfest ceremony will be held between the Varsity Girls and the Varsity Boys Basketball Games (approximately 7:00 pm)

At the games there will be additional food for sale to benefit the SHS ASB.

## Student Spotlight

The Visual and Performing Arts Department's music program would like to spotlight Nevaeh Haire. Nevaeh is a member of our Jazz Band, Advanced Band and Concert Choir. She has been working incredibly hard, practicing lots and improving her trombone playing immensely. She is sounding fantastical! Not only does she have a great sound on the trombone, Nevaeh sings beautifully, is a wonderful member of our music ensembles and is very kind and polite. Thank you Nevaeh! Great job!



All Students recognized in the student spotlight receive a free meal from Sierra Energy/Squeeze Burger

## Spring Sports Information

Despite being in the middle of the winter sports season, the spring sport season is right around the corner. If your son or daughter is planning on trying out for a spring sport, please make sure that they are registered for that sport, that they have a current physical and concussion baseline test. You can find information on how to do these things at this link: [SHS Athletic Information 2023/24](#)

Sonora High School offers the following spring sports, with the indicated start date:

	Baseball- 1/29/24	
	Boys Golf- 2/5/24	
	Softball- 1/29/24	
	Swimming- 2/5/24	
	Coed Tennis- 2/5/24	
	Track & Field- 2/5/24	

## Inclement Weather

In the event that school needs to be delayed or cancelled due to inclement weather, Sonora High School will send out a communication through Parent Square. In addition, any school delays, cancellations or changes to the bus schedule will be posted on [myMotherLode.com](#) on the [School Delays Page](#).

## COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

### All Students-

Welcome back! The counseling team hopes that you all had a wonderful and restful break. We are halfway through the school year, and it's good to start the second semester refreshed. Below are some helpful tips for a great start to the new semester.

- Start the semester strong
- Get help early on if you need it
- Get back to a good sleep schedule
- Clean out your binders and backpacks
- Spend some time thinking about a good study/time management plan
- Reflect on what went well first semester and set goals for second semester

### Seniors -

FAFSA is now open! FAFSA is mandatory for all seniors this year. Don't forget our first Financial aid Night next Wednesday the 10th from 4-7 pm in the SHS library. Columbia will also be having their first Zoom event on the 11th from 5-7pm.

Please bring Chromebooks, use this link -- [https://www.gocolumbia.edu/financial\\_aid/financial\\_aid\\_outreach.php](https://www.gocolumbia.edu/financial_aid/financial_aid_outreach.php) to see what else to bring, and to create your FSA IDs before the event, if possible. Please email [apelfrey@sonorahs.k12.ca.us](mailto:apelfrey@sonorahs.k12.ca.us) to sign up to attend!

**24/7 Counseling Support:** If you or a family member is struggling, download the STOPit app to immediately text with a counselor. The STOPit app is available 24/7 and is FREE for everyone in our school community. There are 4,000 trained counselors online, day and night, ready to help. Click on the Crisis Text Line button on the STOPit app to be connected to a counselor.

**CLASS OF 2024 Information**

It is time to order graduation cap & gown, announcements and more. Please see this link for [information on ordering](#) There are also a few seats still available for GradNite if you are interested see this link for more information: [SHS GradNite24](#)

No School 1/15/24  
**MARTIN LUTHER KING DAY**

MONDAY, JANUARY 15, 2024

**What Is Going On...**  
Click here to see this week's events  
[The Week Ahead](#)

