



WILDCAT WEEKLY



We A.R.E Sonora High
Accountable - Respectful - Engaged

January 21st, 2024

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

Upcoming Holidays

In order to help families plan, we wanted to make sure that you were informed of the school closures in the coming months. School will be closed on the following days:

- Monday, February 12th, in recognition of Lincoln's Day
- Monday, February 19th, in recognition of Presidents' Day
- Spring Break this year will be from Monday 3/25 thru Monday 4/1 (with Monday 4/1 being a snow make up day) if we have not had any snow days, school will resume on Tuesday 4/2/24.

NO TARDY GIVEAWAY
JAN. 16TH-FEB9TH
GET TO FIRST PERIOD ON TIME
AND YOU COULD WIN!

Spring Sports Information

The spring sport season is right around the corner. If your son or daughter is planning on trying out for a spring sport, please make sure that they are registered for that sport, that they have a current physical and concussion baseline test. You can find information on how to do these things at this link: [SHS Athletic Information 2023/24](#)

Sonora High School offers the following spring sports, with the indicated start date:

- Baseball- 1/29/24
- Boys Golf- 2/5/24
- Softball- 1/29/24
- Swimming- 2/5/24
- Coed Tennis- 2/5/24
- Track & Field- 2/5/24



The Tuolumne County Public Library is hosting Teen Spring Programs at the library. For more information please see this [link](#).

Student Spotlight

The CTE Department would like to recognize Kadance Cicero, a junior, currently in her second year of the Floral Design pathway and her first year in our Education pathway. Kadance is a positive student that not only brightens the day of her teachers but lifts up her classmates. She is always willing to participate and give a helping hand. Kadance is interested in becoming a fourth grade teacher and excited to teach them all about science. Mrs. Birtwhistle is so delighted to have Kadance in her Education class and cannot wait to visit her one day in her own classroom.

All Students recognized in the student spotlight receive a free meal from Sierra Energy/Squeeze Burger

Inclement Weather

In the event that school needs to be delayed or cancelled due to inclement weather, Sonora High School will send out a communication through Parent Square. In addition, any school delays, cancellations or changes to the bus schedule will be posted on [myMotherLode.com](#) on the [School Delays Page](#).

CSF Meeting

Students- There will be a CSF meeting during FLEX on Tuesday! Learn more about how to enroll in the club & volunteering opportunities coming up!

SAVE THE DATE

Senior Parent Information Night
Wednesday
1/31/24
6:00 pm
SHS Library

CLASS OF 2024 Information

It is time to order graduation cap & gown, announcements and more. Please see this link for [information on ordering](#) There are also a few seats still available for GradNite if you are interested see this link for more information: [SHS GradNite24](#)

Val-O-Grams

Choir will be selling Val-O-Grams at lunch in the Mall 1/29/24 to 2/9/24. \$5 includes a song, candy and balloon. Val-O-Grams will be delivered on Valentines day!

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

Seniors

Financial Aid Workshop (FAFSA/CADAA) - Financial Aid Night is scheduled for February 8th from 4-7 pm in the SHS library. Come join us for support in completing the FAFSA or CADAA. Please bring Chromebooks, use this [link](#) to see what else to bring, and to create your FSA IDs before the event, if possible. Please email apelfrey@sonorahs.k12.ca.us to sign up to attend!

Scholarship applications

will be available to students on February 6th. Counselors will visit senior classrooms beforehand to share details.

All Students

Mindfulness is this month's theme. Below are some ways we can continue to practice mindfulness in our daily lives.

- Write in a journal
- Sit by a fire and relax
- Slow down to notice things
- Do a calming craft or activity
- Focus on breathing (do yoga, meditate)
- Focus on something positive to practice gratitude

SONORA HIGH SCHOOL
Lip Sync & Talent Show
02.16.2024
5:00 PM - 8:00 PM
AUDITORIUM
Open to all SHS Students and Staff
Proceeds to Benefit SHS Student Activities

See's CANDIES
SHS Golden Regiment Band Fundraiser
Order sweets for Valentine's Day now and help support The Golden Regiment Band
Ships directly to you!
Ends 1/26/24
<https://bit.ly/48GaeTu>

What Is Going On...

Click here to see this week's events [The Week Ahead](#)

Registration

Counselors will be visiting classrooms in February and March in order to begin the registration process for next year.

Wellness Center Flex Activities:

register through Enriching Students

- Jan 25- Growth Mindset Lesson/Activity
- Feb 1 - Navigating Relationships

facebook

Website:



@sonorahighschooldistrict