



# WILDCAT WEEKLY

We A.R.E Sonora High  
Accountable - Respectful - Engaged

November 5th, 2023

Items on this page are hyperlinked.  
Hyperlinked items appear in blue,  
**BOLD**, and underlined

## Important Safety Event

This past Thursday, during the flex period, we conducted an ALICE response training which included practicing the Lockdown and Barricade portion of the ALICE response protocol. The purpose of the training/drill was to familiarize students with the procedures to follow during a lockdown or active shooter situation, and practice effective communication and coordination among staff and students. We sent out an email to parents regarding the training. Please see this link to the information in case you missed the email: [Email re ALICE Training](#)



**Free Meals**  
Sonora High School provides a free no cost breakfast and lunch to every SHS student each day that they attend school. Please see these links for the menus.  
[SHS Breakfast Menu](#)  
[SHS Lunch Menu](#)



## Student Spotlight

This Ruby Newman is one of the many shining stars of our English classes this year. She is a junior who has always enrolled in our most challenging courses and is now working hard in AP Language and Composition. Ruby's writing has the style and flair that comes from a lifelong dedication to reading- this girl can really turn a phrase! She is also notable in that she consistently has ideas to contribute to class discussion and is an all around fun classmate. The English Department is most especially proud of Ruby because of her passion for poetry and her excellence in our school's Poetry Out Loud competition. She performed with her signature zeal at the county competition last year and is prepared to shine again this year. We invite you all to come watch Ruby and her peers perform at this year's school contest in the library after school on December 14th. Ruby is one of the many young scholars who embody what we love to see in the English classroom: passion, dedication, and a love of learning.



All Students recognized in the student spotlight receive a free meal from Sierra Energy/Squeeze Burger

**REMINDER:** Splatter Guns, also known as Orby Gun are not allowed on school campus, including in the parking lot.



The City of Sonora is preparing a Local Hazard Mitigation Plan. The LHMP provides a framework for our community to reduce vulnerability from natural hazards and human-caused hazards. The City of Sonora would like your feedback. Please see this link for more information and to complete a short survey. [City of Sonora Hazard Mitigation Info/Survey](#)

## COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

### All Students-

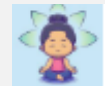


Don't miss the NOT MY KID EVENT on 11/8. It's an amazing opportunity to participate in workshops and access mental health tools that parents can use to help their kids stay happy, healthy, and successful, and it's free! Follow this link to register: [NotMyKid Registration Link](#)



Wellness Center Flex Activities: Register through *Enriching Students*

- November 9th: Yoga
- November 12th: Guest Speaker



### Bullying Prevention, Kindness, and Tolerance Month-

Let's continue to celebrate kindness and tolerance as we stand against bullying. Students, come be the I in kind! Stop by the Wellness Center to show your support for this month's theme.



### Seniors -

- CSU & UC application period closes on November 30th.** Get those applications turned in! Sign up for 11/7 CSU/UC applications Flex.
- Senior flex workshop schedule:** [Senior Flex Workshops](#)
- Elks Lodge Most Valuable Student Scholarship- Due 11/13. Do not miss this chance! link : [ELKS SCHOLARSHIP PROGRAMS](#)

## FALL SPORT PLAYOFFS

Congratulations to the Sonora High School Cross Country, Girls Water Polo and Football for their continued success in the playoffs. For the brackets, please see these links:

- [Girls Water Polo Brackets](#)
- [Football Brackets](#)



As a reminder, all tickets for playoff games must be purchased through [GoFan](#) or by using the QR Code below. There will not be any tickets sold for cash at the gate.

Ticket prices for Playoffs are set by the  
CIF Sac Joaquin Section:  
Adults: \$12  
Senior Citizens/Military: \$10  
Students: \$7



## What Is Going On...

Click here to see this week's events  
[The Week Ahead](#)

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