



WILDCAT WEEKLY

We A.R.E Sonora High
Accountable - Respectful - Engaged

August 6th, 2023

Items on this page are hyperlinked.
Hyperlinked items appear in blue,
BOLD, and underlined

Hello August... Preparing for the Return to School

As we enter the second week of August, we are reminded that the beginning of the school year is fast approaching. We would like to highlight a few important informational items for you in this first edition of the 2023/2024, "Wildcat Weekly". As we near the first day of school, August 22nd, there will be many more updates provided to you. Please look for the Wildcat Weekly each Sunday evening, as it is one of the many ways that we will share information with our school community. If you are new to the Wildcat Weekly, please note that some items on this page are hyperlinked and clicking on them gives you access to more information. Links are in **blue** and are underlined. In addition, please look in the mail towards the end of this week for the Return to School Mailer that contains many important informational items. We are looking forward to the 2023/2024 school year and welcoming students to campus! We look forward to seeing you soon!

Important Dates for the Start of School

NEW STUDENT ORIENTATION
Monday, August 21st 8:05-12:30

FIRST DAY OF SCHOOL
Tuesday, August 22nd

WEDNESDAY SCHEDULE
Wednesday August 23rd will be a
Wednesday schedule with school
starting at 9:15



This year, the SHS Golden Regiment Band celebrates its 40th anniversary! Please see this link for more information:
[SHS GOLDEN REGIMENT 40th](#)

2023/2024 Athletic Information

Sonora High School offers a variety of Athletic Programs for our students to participate in. We offer the following sports (practice start dates are included below)

Fall 2023

Cross Country (7/31/23)
Football (7/24/23)
Girls Golf (7/31/23)
Volleyball (7/31/23)
Boys and Girls Water Polo (8/14/23)

Winter 2023/2024

Boys and Girls Basketball (10/30/23)
Boys and Girls Soccer (10/30/23)
Wrestling (10/30/23)

Spring 2024

Baseball (1/29/24)
Boys Golf (2/5/24)
Softball (1/29/24)
Swimming (2/5/24)
Coed Tennis (2/5/24)
Track and Field (2/5/24)

Registration is now open for the 2023/2024 athletic seasons.

In order to participate, you must have completed these three things:

- Be registered on our athletic registration portal
- Have a current physical dated after 5/1/23
- Have a current concussion baseline test

For more information on how to complete each of these items, please follow this link: [2023/2024 Athletic Registration information](#)

Letter to Parents

On Thursday, August 3rd, the Sonora Union High School District sent an email to parents and guardians. If you missed the email, you can view it here: [Ensuring Student Safety: Our Commitment and Protocols](#)

COUNSELORS CORNER

"Ensuring today's students become the productive, well-adjusted adults of tomorrow!"

The Sonora High School Counseling department has seen some changes since the end of the 2022/23 school year. Long time counselor, Stacy Kroeze is transitioning to be an Associate Principal and Courtney Castle is shifting to a grant funded counseling position. With these changes we are excited to welcome Jamie Serrano and Tanya O'Geen to our counseling team. The counseling team is looking forward supporting students this year!



Heather Albertson
School Site Therapist



Jamie Serrano
Learning Director



Elizabeth Garrett (left)
Courtney Castle (right)
Counselors



Tanya O'Geen
Counselor

We Want Your Feedback!!

If you were a freshman student or parent in the 2022/2023 school year please take a moment to fill out this quick survey to help us support our new students this year: [What I wish I would have known as a freshman](#)

Sonora High School Year Long Calendar

Please refer to this link for the [SHS Calendar](#) for the 2023/2024 school year.

What Is Going On...

Click here to see this Week's events
[The Week Ahead](#)

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