

Sonora High Cosmetology School

Course Outline



Description: The primary purpose of this course is to educate the student in the basic hands-on skills, safety protocols and proper work habits necessary to pass the State Board examination. It is designed to build competency in entry level job positions in Cosmetology or related fields.

Objectives: Upon completion of the course requirements, the graduate will be able to:

1. Practice proper grooming and effective communication skills and workplace etiquette.
2. Understand the employer/employee relationship and proper business ethics.
3. Perform basic hands-on skills related to hairstyling, cutting, coloring, bleaching, chemical reformation, shampoo, facials, hair removal, manicures, pedicures and nail enhancements.
4. Perform a client consultation to determine what method of treatment best suits the client.
5. Appropriately apply the knowledge learned for proper health and safety and disinfection to assure the client's protection.

To ensure future success, students will learn new and marketable skills related to techniques, trends and fashions.

Format: The clock hour education is provided through an organized process of learning which is the building block for future lessons and success. Kit equipment, implements and products are comparable to industry standards. Each course is presented through well developed lesson plans designed to engage all students. We have a 3 step process, lecture, demonstration and student participation. Audio visual aids, guest speakers and other related learning methods are also used.

References: Approved text is Milady's Standard of Cosmetology 13th edition. It is a comprehensive digital text with the MindTap access for homework and assignments.

Grading procedures: Students are assigned theory study and a minimum number of practical applications. Practical assignments are evaluated as completed and counted toward course completion ONLY when rated as satisfactory or better. Practical skills are evaluated according to the resource text procedures and performance standards established by the state licensing board.

Grading scale:

91-100= Excellent
81-90 Above Average
71-80 Satisfactory
below 70=Unsatisfactory

Requirements: The requirements mentioned below must be met by each student in each category, in order to meet the minimum requirements and earned hours to be accepted by the State Board of Barbering & Cosmetology.

50 hours/Orientation: School rules, professional and personal development, professional ethics, employee and client relations, Public relations, business and salon management, record keeping and taxes, seeking employment and Sanitation and disinfection.

100 hours/Health and Safety: Based on the State of California Board of Barbering and Cosmetology Health and Safety course, chemistry, anatomy, physiology, pH scale and salon safety.

100 hours/Disinfection & Sanitation: Disinfection and sanitation in regards to the salon environment, client protection and safety, sanitizing procedures, disinfection procedures, bacteriology, understanding Universal Precautions, record keeping and State Board protocols for salon tools and equipment.

200 hours/Hairstyling, Haircutting and related theory:

tools, appropriate use of tools, safe & proper hot tool handling, lines, angles, sectioning, haircutting and how it relates to the style, rollers, fingerwaves, pin curls, comb out techniques, formal styling

100 hours/Permanent Waving, Chemical relaxing and related theory:

scalp and hair analysis, chemistry of cold waving, chemical relaxing, tools, procedures for all hair types, record cards and release forms and safety precautions.

100 hours/Hair Coloring and related theory:

understanding color theory, classifications of color, chemistry, color and bleach procedures, tools, techniques of color placement, corrective color, lash and brow tinting, record keeping, client release forms and safety precautions.

100 hours/Manicuring and related theory:

Equipment, implements, products, types of services, related anatomy, disorders of the nail, massage manipulations, pedicuring, artificial nails, acrylic, gel and safety precautions.

200 hours/ Facials, Hair Removal and Lash and Brow Beautification:

Chemistry of cosmetics, structure and disorders of the skin, massage manipulations, brow arching, temporary hair removal, client record keeping and safety precautions.

50 hours/ Salon Business:

Fundamentals of business management, opening a salon, written agreements, licensing requirements, laws and regulations, salon operations, deductions, advertising, sales, communications and public/human relations.

1000 total hours